

## **Lifestyle Panel**

**The Lifestyle Health Panel** This lab panel helps the individual understand their risk for common lifestyle-related conditions like liver damage, hepatitis and HIV.

This panel includes:

**Hepatic Panel** used to help evaluate the health of your liver and check for damage.

**HIV** aids in the diagnosis of HIV-1 or HIV-2 infection, including acute or primary infection.

**Hepatitis B surface Antigen:** Hepatitis B is a liver infection that can progress to chronic disease but can be prevented with vaccination.

**Hepatitis C Antibody:** A viral infection that causes liver inflammation, sometimes leading to serious liver damage. Treatment is with antiviral medications. There is no vaccine for Hepatitis C.

**CT/NG:** A simple urine collection to test for Chlamydia and Gonorrhea, sexually transmitted diseases that can cause infection among both men and women.

### **Directions**

**Fasting:** 10-12 hours fasting preferred, but not required

**Results:** Average lab processing time 2-4 days. Note: Turnaround times are an estimate and are not guaranteed. Turnaround times may be affected by weather, holidays, confirmation/repeat testing, or equipment maintenance.

**Results:** A copy of your results will be mailed to you.

**Abnormal Results:** A Davis Medical Center Health Coach will contact you to discuss any abnormal results.